



**Carbapenem-Resistant  
*Enterobacteriaceae (CRE)*  
& Multi-drug Resistant  
*Acinetobacter (MDR-A)***

Jessica Ross, CIC  
Infectious Disease Control Unit

 TEXAS  
Department of State Health Services



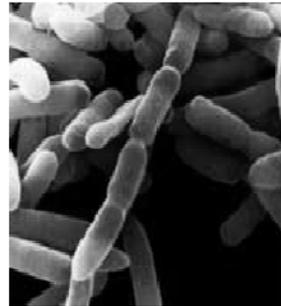
## Objectives

- What is CRE/ MDR-A
- Transmission
- Who is at risk
- Control measures/ infection prevention
- The Environment
- Additional recommendations
- Supplemental measures



## ***What is Enterobacteriaceae?***

- Large family of gram-negative bacilli
  - *E. coli*, *Klebsiella*, *Enterobacter*
- Normal part of the GI tract
- Common cause of infections
  - Community
  - Health care-associated



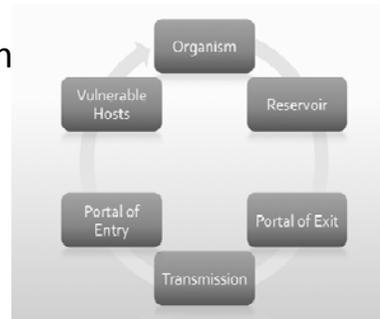
## ***What is Acinetobacter?***

- Common in soil & water
- *A. baumannii* – 80% of reported infections
- Can cause variety of illnesses
  - Little risk to the healthy



## Transmission

- Person-to-person
  - Contact with positive patients
  - Contact with wounds or stool
- Medical devices or equipment
- Inanimate objects



## Who is at Risk?

- CRE & MDR-A infections are more common in patients who have:
  - Frequent or prolonged hospital stays
  - Prolonged antibiotic use
  - Indwelling medical devices
    - Foley's
    - Central lines
  - Chronic medical conditions
    - COPD, asthma
    - History of surgery
    - Decubitus



## Why are these Important?

- Complex resistance
- Rapid transmission in health-care settings
- Limited treatment options available
- High mortality rates

**New superbug found in two patients here**

Both cases were initially contained as superbugs, but health officials say the bacteria may have spread to other patients.

Health officials say the bacteria, which is a type of superbug, was found in two patients at a hospital in Singapore. The bacteria is a type of carbapenem-resistant enterobacteriaceae (CRE), which is a family of bacteria that can cause serious infections. It is resistant to most antibiotics, including carbapenems, which are some of the most powerful antibiotics available.

Health officials say the bacteria was first found in a patient in Singapore in 2011. It was then found in another patient in Singapore in 2012. The bacteria was then found in two patients at a hospital in Singapore in 2013. The bacteria was found in the patients' blood and urine.

Health officials say the bacteria is a type of superbug that is resistant to most antibiotics, including carbapenems, which are some of the most powerful antibiotics available. The bacteria is a type of carbapenem-resistant enterobacteriaceae (CRE), which is a family of bacteria that can cause serious infections. It is resistant to most antibiotics, including carbapenems, which are some of the most powerful antibiotics available.

**The rise of the superbug**

More cases of antibiotic-resistant bacteria are being reported, and the importance of simple hygiene habits is being emphasized.



**Help stop the superbug**

A new strain of superbug, CRE, has been found in Singapore. Here's how you can protect yourself. POON CHIEH YEA reports.





## The Development of Resistance

- Production of  $\beta$ -lactamases
  - Resistance to penicillin's
- Production of Extended Spectrum  $\beta$ -lactamases
  - Resistance to  $\beta$ -lactams, monobactams & 3<sup>rd</sup> gen ceph.
- Production of Carbapenemase
  - Resistance to Carbapenems: Imipenem, meropenem, doripenem, ertapenem
- Identified pan-resistant strains



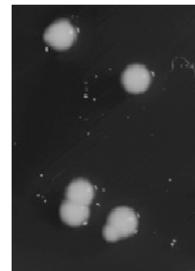
## Resistance Mechanisms

- Mechanisms for Enterobacteriaceae to be CRE
  - Active efflux of antibiotic
  - Structural mutations + overproduction of  $\beta$ -lactamases
  - Production of carbapenemases



## Carbapenemases in the U.S.

- *Klebsiella pneumoniae* carbapenemase (KPC)
- Metallo-beta-lactamases (MBL)
  - New Delhi (NDM)
  - Verona integron-encoded (VIM)
  - Imipenemase (IMP)



*Klebsiella pneumoniae*

\*\*All of these are enzymes that make a bacteria be labeled as “CRE”





## Defining CRE

### CDC – CRE Toolkit

An Enterobacteriaceae that is

- Nonsusceptible to imipenem, meropenem or doripenem
- AND
- Resistant to all the following third-generation cephalosporins that were tested: ceftriaxone, cefotaxime and ceftazidime

### CDC – NHSN MDRO Protocol

E.coli or any Klebsiella spp. testing non-susceptible to imipenem, meropenem or doripenem by standard susceptibility testing methods or by a positive result for any method FDA-approved for carbapenemase detection from specific specimen sources.

If you have an E.coli or Klebsiella that meets this criteria – report it.



## Defining MDR-Acinetobacter

Nonsusceptible to at least 1 antibiotic in at least 3 antimicrobial classes of the following 6 antimicrobial classes:

Beta-Lactam	Aminoglycosides	Carbapenems	Fluoroquinolones	Cephalosporins	Sulbactam
Piperacillin Piperacillin/ tazobactam	Amikacin Gentamicin Tobramycin	Imipenem Meropenem Doripenem	Ciprofloxacin Levofloxacin	Cefepime Ceftazidime	Ampicillin/ sulbactam

If you have an Acinetobacter that meets this criteria – report it.





# Case Examples



## Reportable or not?

### Case 1

>100,000 CFU/ML KLEBSIELLA PNEUMONIAE  
 THIS ISOLATE DOES NOT PRODUCE A CARBAPENAMASE  
 SUSCEPTIBILITY RESULTS:

AGENT	MIC	INTERP
AMIKACIN	<=2	S
AMOX/CLAV ACID	>=32	R
AMPICILL/SULBAC	>=32	R
AMPICILLIN	>=32	R
CEFAZOLIN	>=64	R
CEFOTAXIME	>=64	R
CEFUROXIME	>=64	R
ERTAPENEM	>=8	R
GENTAMICIN	>=16	R
IMIPENEM	>=8	R
LEVOFLOXACIN	>=8	R
NITROFURANTOIN	128	R
PIPER · TAZOBACT	>=128	R
TMP/SMX	>=320	R
TOBRAMYCIN	8	I





## Facility Level Recommendations

- Lab detection and notification of CRE
  - Facility antibiogram
- Retrospective surveillance
  - Perform surveillance (6-12mos) to find unreported CRE
- Intra and inter-facility communication of patients
- Hand hygiene survey
  - Accessibility of product
- EVS and healthcare worker training
  - High touch areas and practice adherence



## Facility Level Recommendations continued...

Core prevention measures:

1. Hand hygiene
2. Contact precautions
3. Patient and staff cohorting
4. Limit use of devices
5. Antimicrobial stewardship
6. CRE screening





## Facility Level Recommendations continued...

### Supplemental measures

1. Active surveillance testing
  - Reactive vs. Proactive
2. Chlorhexidine bathing



## LTAC Specific Recommendations

- Resident placement
  - Low vs. high risk
- Modified contact precautions
- Occupational and physical therapy
  - Controlled vs. uncontrolled secretions/excretions
- Social activities
  - Infection risk vs. psychological risk
- Admission of CRE+ patients is ok



## Contacts

### Region 6/5 South

Bobbiejean Garcia

713-767-3404

Bobbiejean.Garcia@dshs.texas.gov

### All Other Regions

Jessica Ross

512-776-6356

Jessica.Ross@dshs.texas.gov



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