# Predisposition of COVID-19 patients to secondary infections: set in stone or subject to change?

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### Conflicts of Interest

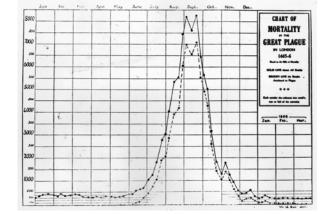
- None except:
  - I live COVID-19 24/7 these days
  - I have had COVID-19 (Once, I think)
  - I have had <u>all</u> of my indicated COVID-19 shots



Leprosy 11<sup>th</sup> Century



Black Death 1350



The Great Plague of London 1665



Cholera 1817



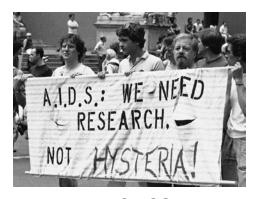
Russian Flu 1889



Spanish Flu 1918



Asian Flu 1957



**AIDS 1981** 



**SARS 2003** 



COVID-19 2019 - now

## 1918 SPANISH FLU

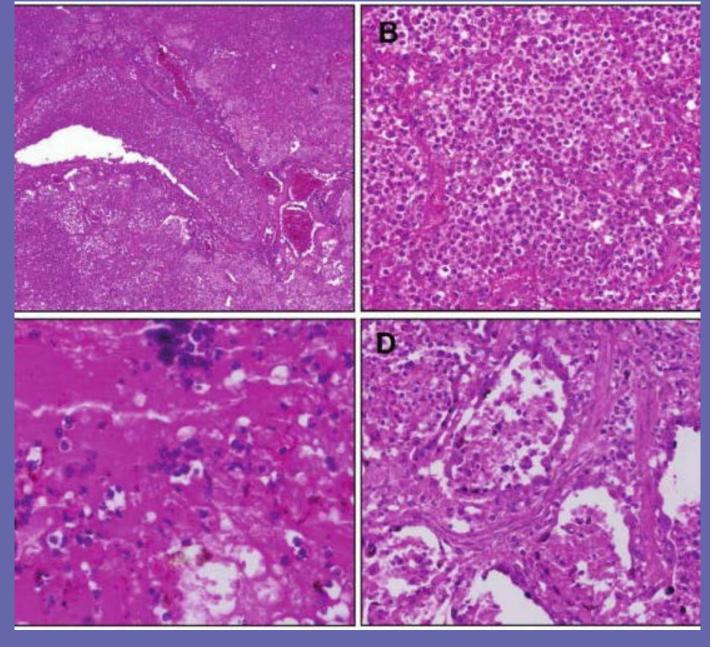
The most notorious pandemic before COVID-19





"IF GRIPPE
CONDEMNS, THE
SECONDARY
INFECTIONS
EXECUTE"

- Louis Cruveilhier 1919



Morens DM et al. J Infect Dis. 2008 Oct 1; 198(7): 962–970.



Volume 198, Issue 7 1 October 2008

Predominant Role of Bacterial Pneumonia as a Cause of Death in Pandemic Influenza: **Implications for Pandemic Influenza** Preparedness 🕮

David M.. Morens ™, Jeffery K. Taubenberger Anthony S. Fauci

The Journal of Infectious Diseases, Volume 198, Issue 7, 1 October 2008, Pages 962–970, https://doi-org.foyer.swmed.edu/10.1086/591708

Table 1. Bacterial culture results in autopsy series involving 96 postmortem cultures of lung tissue from victims of the 1918–1919 influenza pandemic.

|   |                | No. (%) of cultures from which organism was recovered, by organism |                             |                          |  |                       |                        |                   |              |
|---|----------------|--|-----------------------------|--------------------------|--|-----------------------|------------------------|-------------------|--------------|
| Type of autopsy series  | No. of results | Streptococcus<br>pneumoniae  | Steptacocaus<br>hemolyticus | Staphyloaccaus<br>aureus | Diplococaus<br>intracellulare<br>meningitids | Mixed pneumopathogens | Bacillus<br>influenzae | Other<br>bacteria | No<br>growth |
| All military (n = 60)   | 3515           | 855 (24.3)   | 615 (17.5)                  | 263 (7.5)                | 40 (1.1)                                     | 707 (20.1)            | 387 (11.0)             | 484 (13.8)        | 164 (4.7)    |
| All civilian (n = 36)   | 1751           | 380 (21.7)   | 281 (16.0)                  | 164 (9.4)                | 1 (<0.1)                                     | 398 (22.7)            | 132 (7.5)              | 339 (19.4)        | 56 (3.2)     |
| All military and civilian (n = 96)                                    | 5266           | 1235 (23.5)  | 896 (17.0)                  | 427 (B.1)                | 41 (0.8)                                     | 1105 (21.0)           | 519 (9.9)              | 823 (15.6)        | 220 (4.2)    |
| All higher- quality<br>military and<br>civilian <sup>a</sup> (n = 68) | 3074           | 712 (23.2)   | 553 (18.0)                  | 238 (7.7)                | 21 (0.7)                                     | 828 (26.9)            | 144 (4.7)              | 353 (11.5)        | 225 (7.3)    |
| Predominance of<br>pneumopathogens<br>not confirmed (n = 14)          | 1115           | 209 (18.7)   | 132 (11.8)                  | 52 (4.7)                 | 0 (0.0)                                      | 24 (2.2)              | 210 (18.8)             | 402 (36.1)        | 96 (7.7)     |

Table 2. Bacterial culture results in autopsy series involving culture of blood and pleural fluid or empyema fluid from victims of the 1918–1919 influenza epidemic.

|   |                | No. (%) of cultures from which organism was recovered, by organism |                              |                          |   |                       |                        |                   |              |  |  |
|---|----------------|--|------------------------------|--------------------------|---|-----------------------|------------------------|-------------------|--------------|--|--|
| Type of autopsy series                                | No. of results | Streptococcus<br>pneumoniae  | Streptococcus<br>hemolyticus | Staphylococcus<br>aureus | Diplococcus<br>intracellulare<br>meningitidis | Mixed pneumopathogens | Bacillus<br>influenzae | Other<br>bacteria | No<br>growth |  |  |
| Blood culture (n = 42)                                |                |  |                              |                          |   |                       |                        |                   |              |  |  |
| All military and civilian                             | 1887           | 509 (27.0)   | 377 (20.0)                   | 68 (3.6)                 | 5 (0.3)                                       | 28 (1.5)              | 61 (3.2)               | 278 (14.7)        | 561 (29.7)   |  |  |
| Pleural fluid or<br>empyema fluid<br>culture (n = 35) |                |  |                              |                          |   |                       |                        |                   |              |  |  |
| All military and civilian                             | 1245           | 263 (21.1)   | 539 (43.3)                   | 59 (4.7)                 | 0 (0.0)                                       | 74 (5.9)              | 21 (1.7)               | 45 (3.6)          | 244 (19.6)   |  |  |

Table 3. Summary of evidence from the 1918–1919 influenza pandemic consistent with the conclusion that bacterial pneumonia, rather than primary viral pneumonia, was the cause of most deaths.

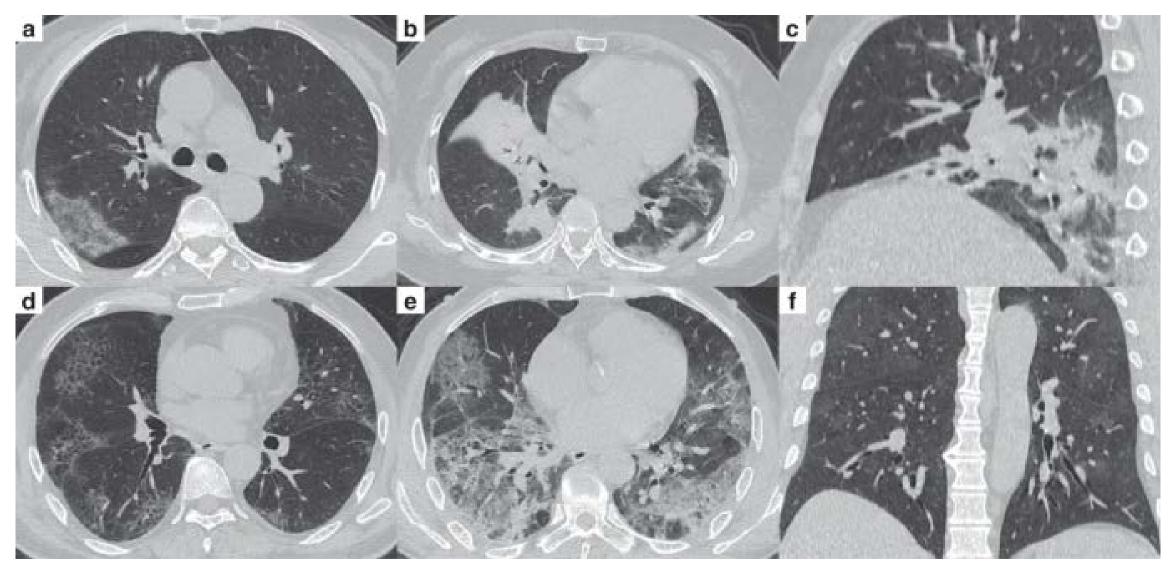
| Evidence, by type  | Relevant reference(s) |
|--|-----------------------|
| Pathologic Evidence  |                       |
| Most autopsies revealed severe bacterial pneumonia caused by common upper respiratory organisms  | {20, 27–33}           |
| In type, pattern, and case-fatality rate, influenza-associated bacterial pneumonia, including chronic lobar pneumonia, was typical of pneumonia during periods when influenza was not prevalent; bronchopneumonia, associated with diffuse "panbronchitis," predominated | [25, 28, 33, 34]      |
| At autopsy, early and/or extensive repair of what are now thought to be primary viral changes was evident; severe sequelae in pneumonia survivors were minimal   | [20, 30, 32]          |
| Pathologic picture of bacterial bronchopneumonia associated with influenza in 1918–1919 was strongly similar to the more highly fatal measles-bacterial bronchopneumonia epidemics of 1917–1918  | [20, 27, 63]          |
| Mixed pneumopathogen-associated pneumonia was more fatal than single-pneumopathogen pneumonia  | [29]                  |
| Pneumonia cases exhibited uniformly diffuse and extensive tracheobronchitis and/or bronchiolitis, the severity of which correlated with pneumonia severity in degree and anatomical location   | [29]                  |
| Demographic and/or epidemiologic evidence  |                       |
| Most influenza cases were typical of cases seen today: mild, uncomplicated, and associated with full recovery  | [13–17]               |
| Mortality at all ages was associated with bacterial pneumonia rates, not with influenza attack rates or pneumonia case-fatality rates  | [19, 21]              |
| Children 5–15 years old in 1918–1919 had the highest attack rates but the lowest mortality rates, similar to low rates seen in 1889–1893 and immediately before and after the 1918–1919 pandemic—rates seemingly inconsistent with viral virulence alone                 | [14, 21]              |
| Influenza-associated pneumonia incidence rates and influenza death rates were significantly higher in US military camps, which experienced bacterial "colonization epidemics"  | [63]                  |
| Average time from influenza onset to pneumonia onset in ultimately fatal cases (~10 days) may be more consistent with bacterial than viral pneumonia   | [29]                  |
| Treatment response evidence  |                       |
| The near universal observation that strict bed rest early in the course of uncomplicated influenza prevented pneumonia and death is consistent with an effect of isolation from carriers of bacterial pathogens  | [13, 14]              |

## 1957

## 1968

## pandemics

likely primed clinicians to expect bacterial superinfections to play a significant role during the current pandemic



Feng Z et al. Nat Commun 11, 4968 (2020)

The World was stunned by the arrival of coving the world was stunned by the arrival of the world was stunned by the arrival of the world was stunned by the arrival of the world was stunned by the ...changes in standard of care including adjustments to evidence.

வரerent from that available to the front-line medical corps in 1918."

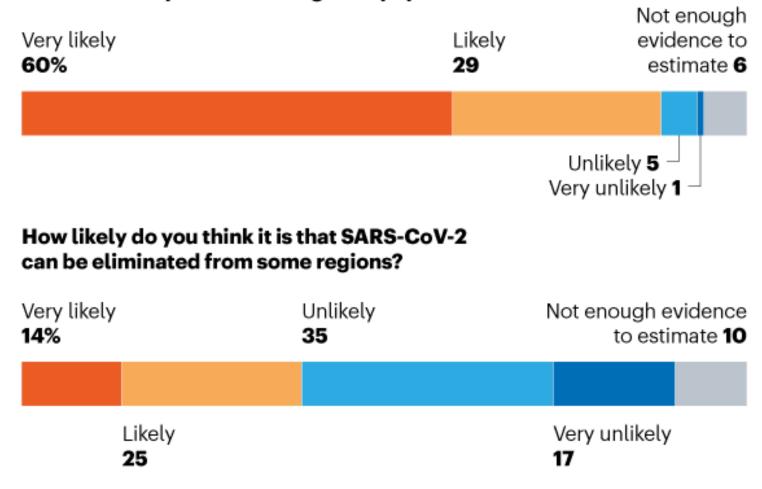
## COVID-19 IS HERE TO STAY

Phillips N. The coronavirus is here to stay: here's what that means. Nature 2021; 590:382–384.

### **ENDEMIC FUTURE**

In a Nature poll, 89% of scientists felt that SARS-CoV-2 was either very likely or likely to become an endemic virus.

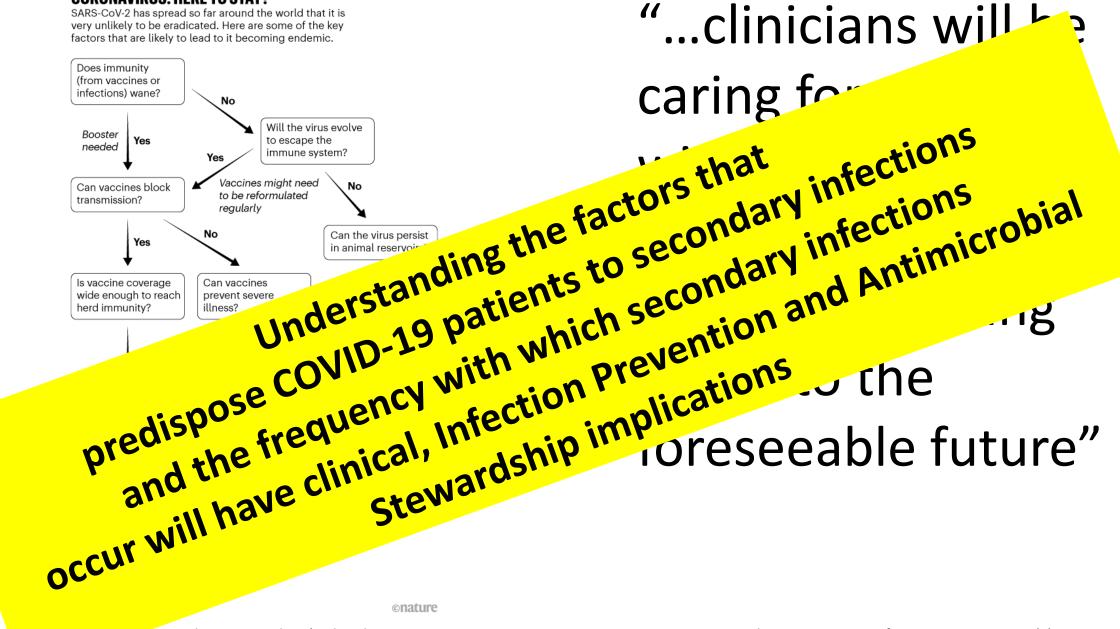
How likely do you think it is that SARS-CoV-2 will become an endemic virus: that is, one that continues to circulate in pockets of the global population?



119 immunologists, infectious-disease researchers and virologists from 23 countries. Percentages do not add up to 100% because of rounding.

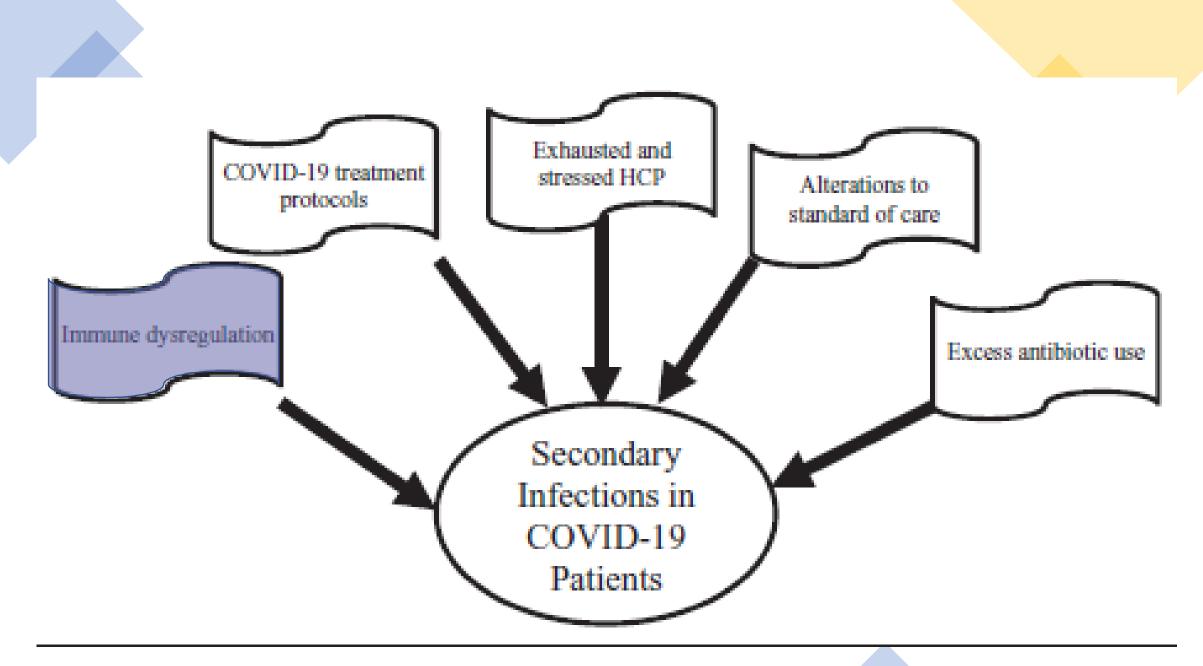


SARS-CoV-2 has spread so far around the world that it is very unlikely to be eradicated. Here are some of the key factors that are likely to lead to it becoming endemic.

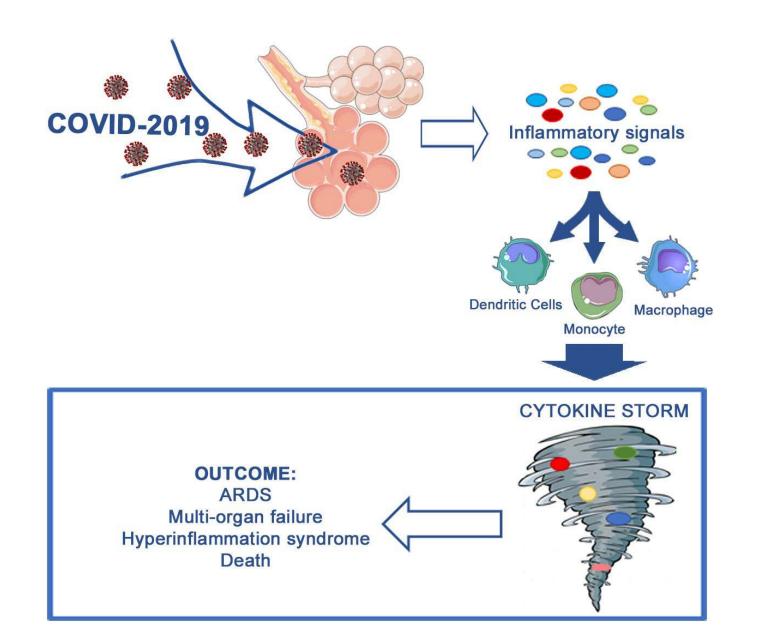


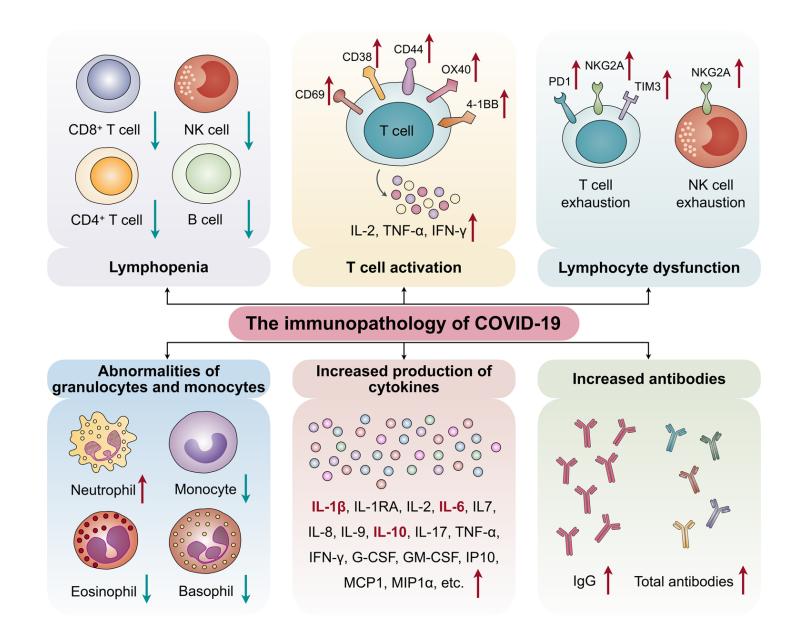
**onature** 

mavirus is here to stay: here's what that means. Nature .284–2مد.

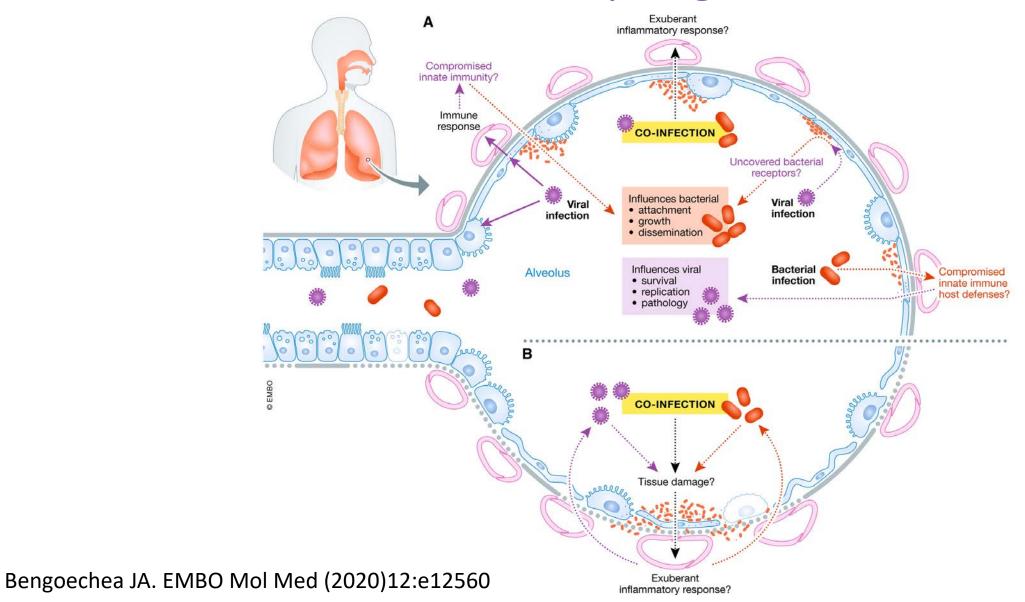


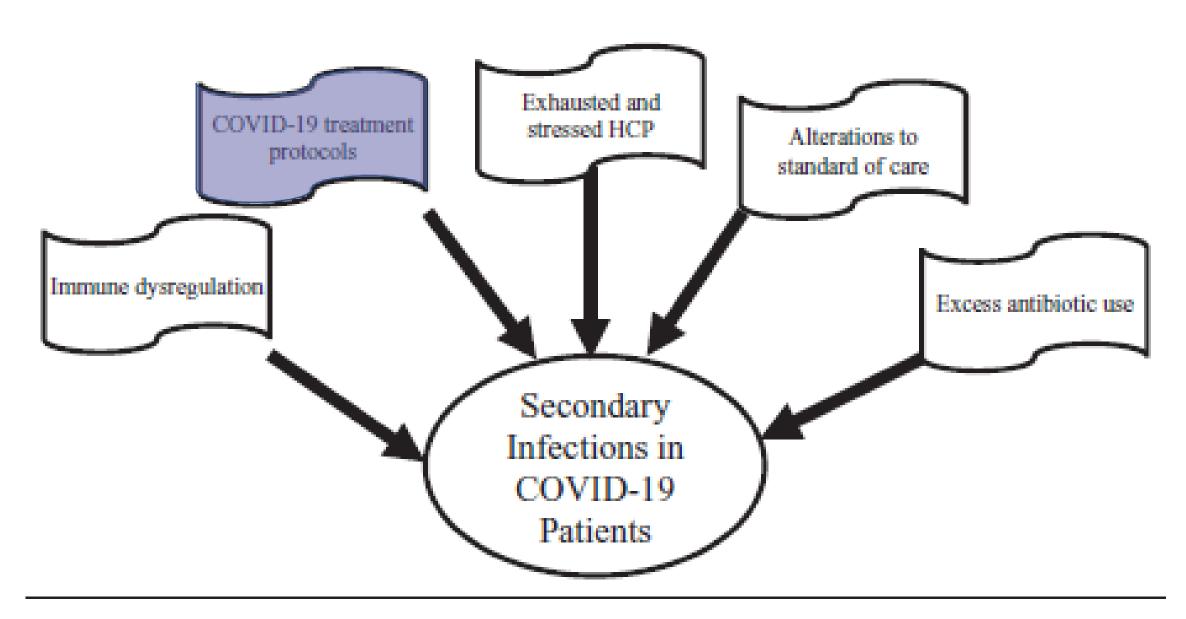
## Immune Dysregulation



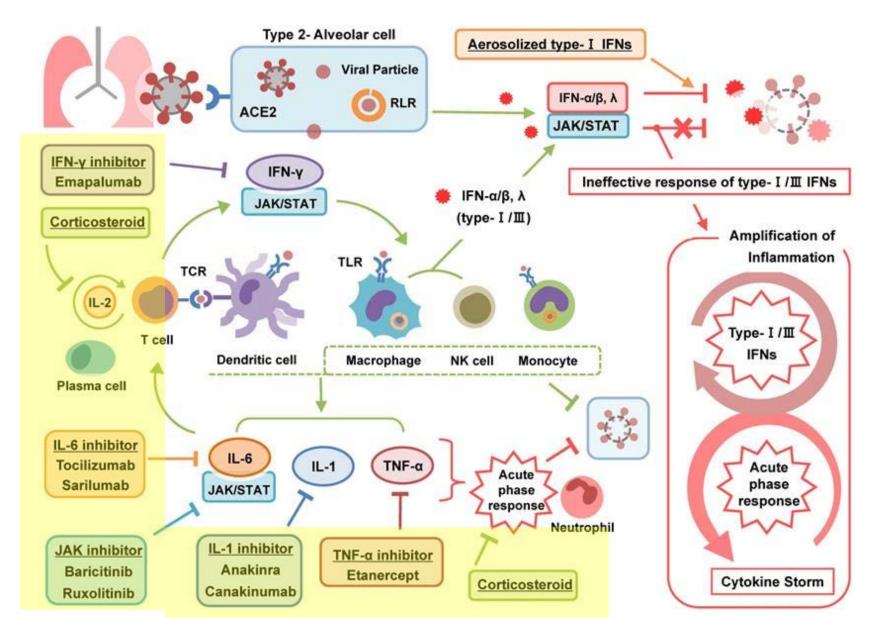


## Predisposition to Secondary Infections due to Immune Dysregulation

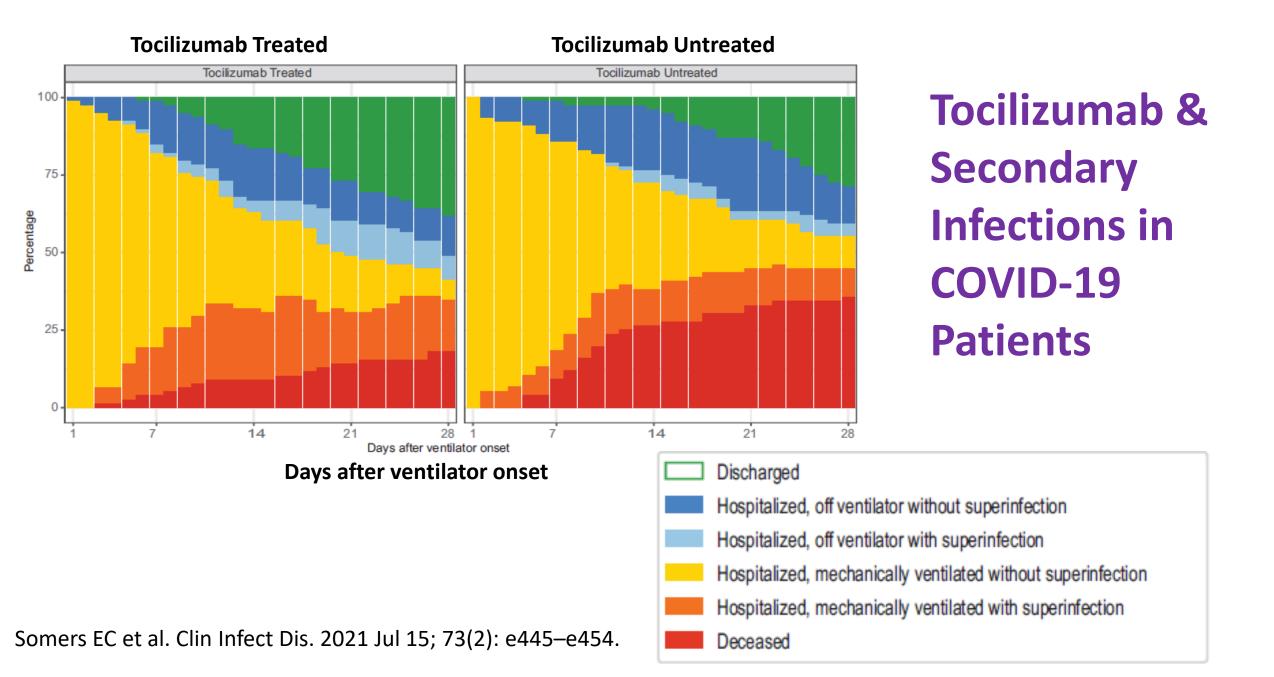




## Predisposition to Secondary Infections due to COVID-19 Treatment



Kim JS. Theranostics 2021; 11(1):316-329.



### Steroids – Independent Risk Factor for Secondary Infections in COVID-19

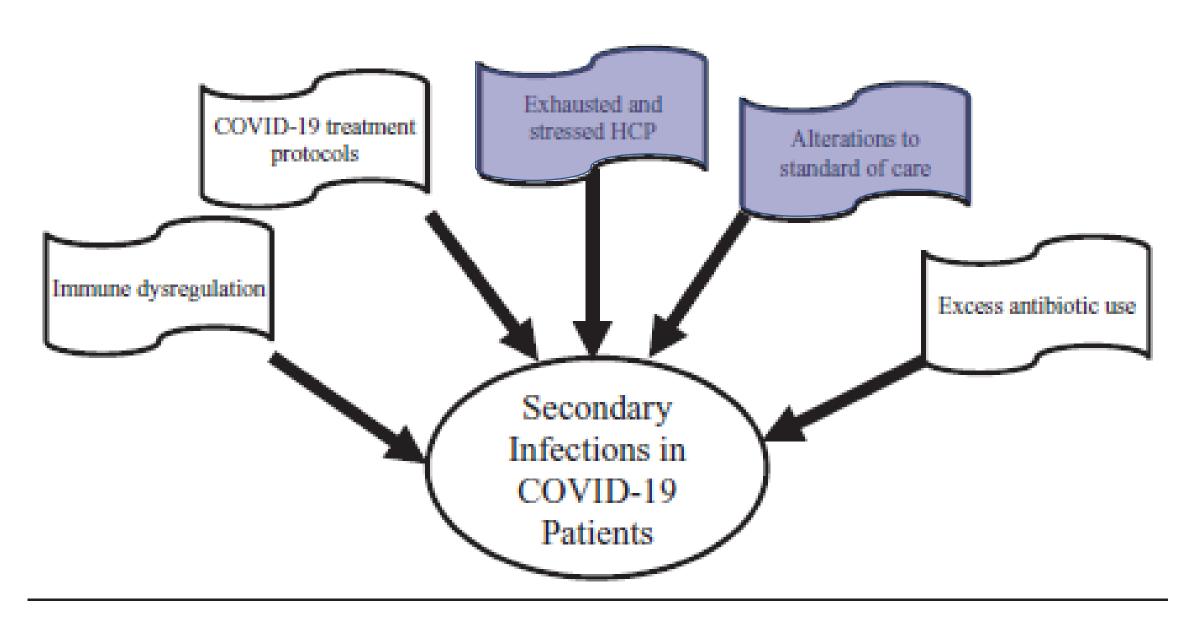
Factors associated with development of healthcare-associated infections.

|                             | Odds ratio | 95% CI      | р       |
|-----------------------------|------------|-------------|---------|
| Age                         | 0.99       | 0.96-1.01   | 0.58    |
| Male gender                 | 0.76       | 0.37 - 1.53 | 0.45    |
| DM                          | 1.29       | 0.62 - 2.69 | 0.48    |
| ESRD                        | 1.05       | 0.24-4.55   | 0.94    |
| COPD                        | 0.82       | 0.38 - 1.77 | 0.62    |
| Cancer                      | 1.36       | 0.37 - 4.98 | 0.63    |
| Hydroxychloroquine*         | 2.96       | 1.00-8.86   | 0.05    |
| Steroids*                   | 3.79       | 1.44-10.01  | 0.007   |
| Tocilizumab*                | 5.04       | 2.39-10.65  | < 0.001 |
| Convalescent plasma         | 1.86       | 0.88 - 3.92 | 0.10    |
| Central venous catheter     | 2.47       | 0.87 - 6.97 | 0.088   |
| Mechanical ventilation      | 1.11       | 0.34-3.54   | 0.86    |
| AKI requiring hemodialysis* | 3.67       | 1.05-12.80  | 0.04    |
| Antibiotics on admission    | 1.02       | 0.31-3.32   | 0.96    |
| SOFA score >2 on admission  | 1.21       | 0.52-2.76   | 0.65    |

Kumar G. Int J Infect Dis. 2021 Mar; 104: 287–292.

## Non-pharmacologic Treatment Methods





### Predisposition to Secondary Infections due to Alterations to Standard of Care

### **Editorial**

March 20, 2020

## Conserving Supply of Personal Protective Equipment—A Call for Ideas

Howard Bauchner, MD<sup>1</sup>; Phil B. Fontanarosa, MD, MBA<sup>1</sup>; Edward H. Livingston, MD<sup>1</sup>

≫ Author Affiliations | Article Information

JAMA. 2020;323(19):1911. doi:10.1001/jama.2020.4770

"We seek creative immediate solutions for how to maximize the use of PPE, to conserve the supply of PPE, and to identify new sources of PPE."

Gowns: plastic ponchos or poly bags, bedbug sheet material

Adhesive bandage as nasal PPE

Box. Summary of Recommendations for PPE Conservation and Management

### Impor

Purchase from international suppliers: China proposed as a primary market given manufacturing capacity, experience with and decline in COVID-19 incidence

### Reclaim

Dentists, farmers, construction, high schools, universities, veterinarians, salons, manufacturing, aerospace, industrial "clean labs" Individual HCW procurement in towns and communities

Charitable movements

Public or private buybacks

Public or private bounties

### Reuse

Rotate through 72-h cycles given current understanding of surface viability

 $Reusable\ elastomeric\ respirators\ (have\ exchangeable\ filter\ cartridges)$ 

### Disinfectants

Heat (eg, autoclave), UV, ozone, ethylene oxide, hydrogen peroxide, bleach, isopropyl alcohol, gamma or e-beam radiation, microwave, copper sulfate, methylene blue with light, sodium chlorine, iodine, zinc oxide impregnation (gowns), hypochlorous acid, commercial laundering (for cloth)

### Repurpose

Prefabricated masks: snorkel and scuba, 3D printed, welder's, civilian military grade gas masks, ski buffs

Eye and face shields: sports eye protectors, motorcycle helmets with visors, balaclavas

Gowns: plastic ponchos or poly bags, bedbug sheet material Adhesive bandage as nasal PPE

### **Create supply**

Sewn fabric masks and gowns, coffee filter masks, home HVAC filter masks

### **Extend supply**

Plastic face shields (water bottle cutouts, thermoplastic sheets, A4 acetate sheets, Ziploc bags) to preserve face masks and eyewear

### Reduce nonessential services

Cancel elective and ambulatory procedures; reduce questionable contact and isolation precautions (eg, MRSA/VRE, influenza, cellulitis)

### Reduce patient contact

Utilize mobile and out-of-room monitoring and device controls, e-consults, extended dwell IVs, batching medications or self-administration, barrier visits

### Alter staffing

Reduce student and trainee patient contacts

### Use nonhuman services

Nonhuman services (drones and robots) for delivery of test kits for self-testing, robots for equipment movement within hospitals, decontamination protocols

### Stratify use by patient risk

Cohort patients and reduce PPE use for those at low risk (ideally requires testing to accurately stratify low and high risk)

### **Employ immune workers**

HCWs recovered from clinical illness or with demonstrated immunity care preferentially for COVID-19 patients without PPE

### Use government solutions

Regionalize care and supply, import international supply, ration supply, loosen import regulations, commandeer business to accelerate supply

### Manage supply

Reduce bulk packaging, Pyxis-like controlled distribution, nongovernment regional coordination of PPE distribution

### Miscellaneous

Convert RV trailers to negative pressure spaces; phase change material to improve comfort and reduce reuse of gowns

Abbreviations: COVID-19, coronavirus disease 2019; HCW, health care worker; HVAC, heating, ventilating, and air-conditioning; MRSA, methicillin-resistant Staphylococcus aureus; PPE, personal protective equipment; VRE, vancomycin-resistant Enterococcus.

## Proposed Solutions

### Predisposition to Secondary Infections due to Exhaustion and Stress of HCP

### **NEW YORK POST**

## Worker at NYC hospital where nurses wear trash bags as protection dies from coronavirus

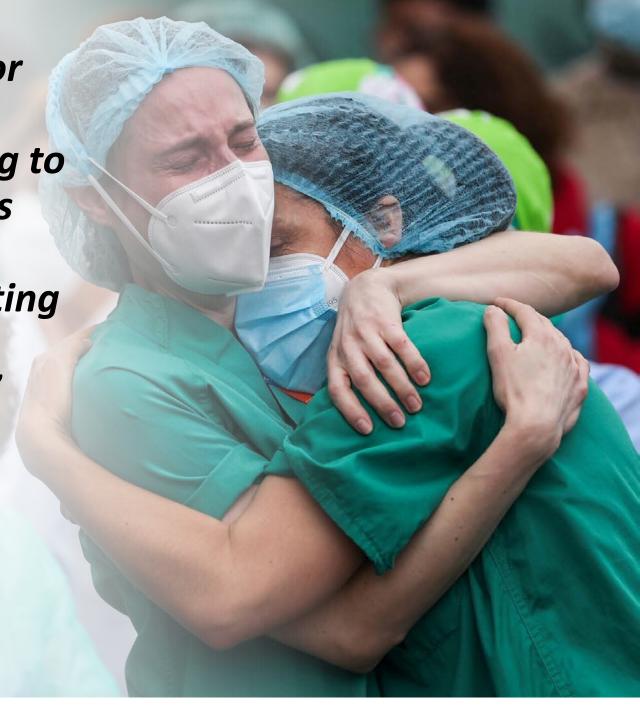
By Ebony Bowden, Carl Campanile and Bruce Golding

March 25, 2020 | 4:32pm | Updated

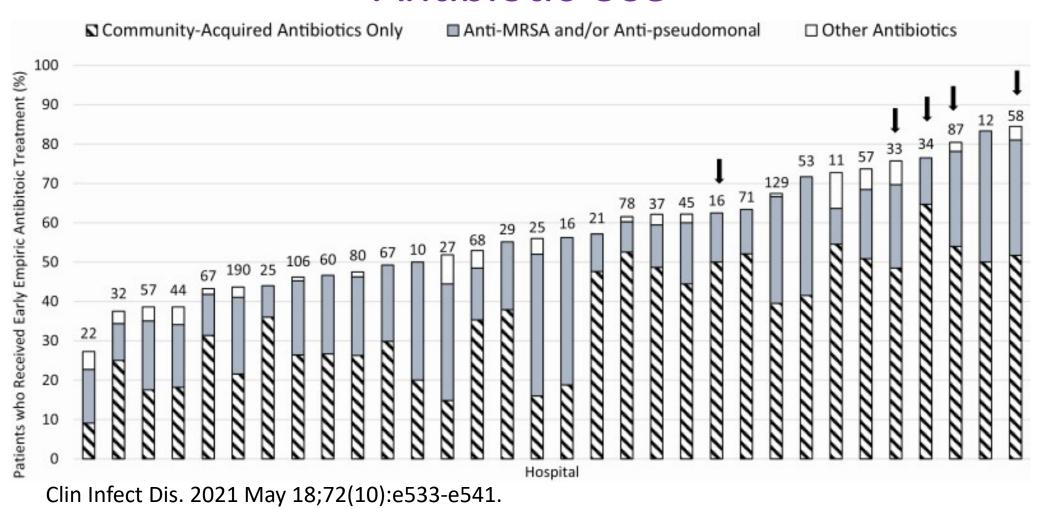


"Among the many valid reasons for fear in this pandemic are fear of developing infection, fear of failing to provide adequate care for patients given limited resources, fear of carrying the virus home and infecting family and friends, fear of stigmatization, and many others."

Cawcutt et al. Fighting fear in healthcare workers during the COVID-19 pandemic. Infect Control Hosp Epidemiol. 2020 Oct;41(10):1192-1193.



## Predisposition to Secondary Infections due to Antibiotic Use



### **Acute Bacterial Co-Infection in COVID-19**

A Rapid Living Review and Meta-analysis



24 Studies included



3338 COVID-19 Patients



December 2019 to March 2020

3.5% Co-Infection

On presentation

14.3%
Secondary
Infection
After presentation

71.8% Antibiotic Prescribing

Langford BJ, So M, Raybardhan S, Leung V, Westwood D, MacFadden DR, Soucy JPR, Daneman N. Clinical Microbiology and Infection. 2020.



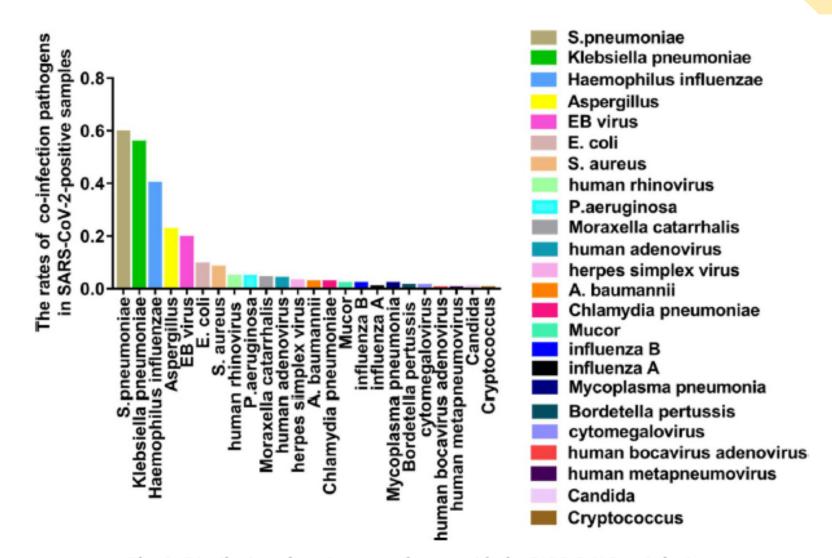
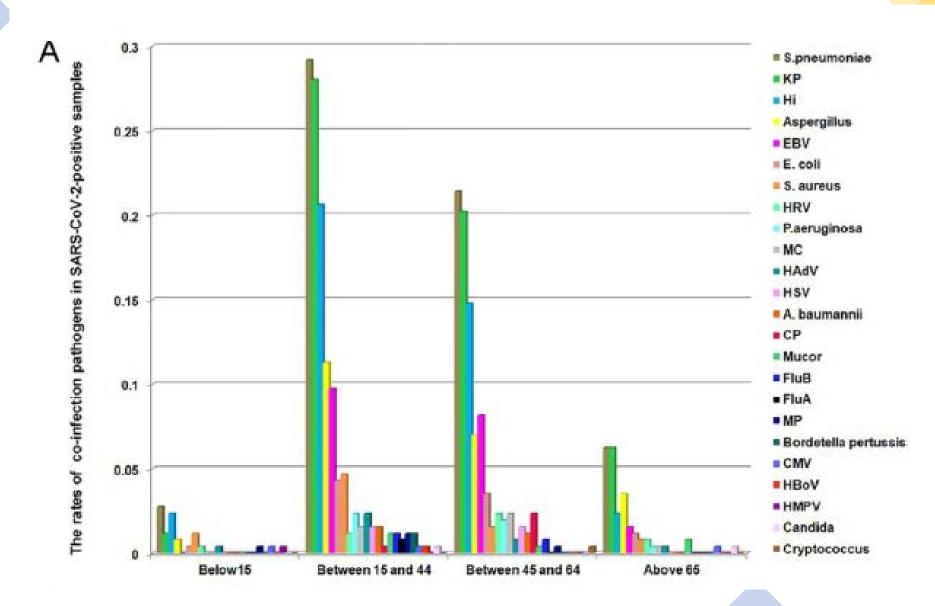


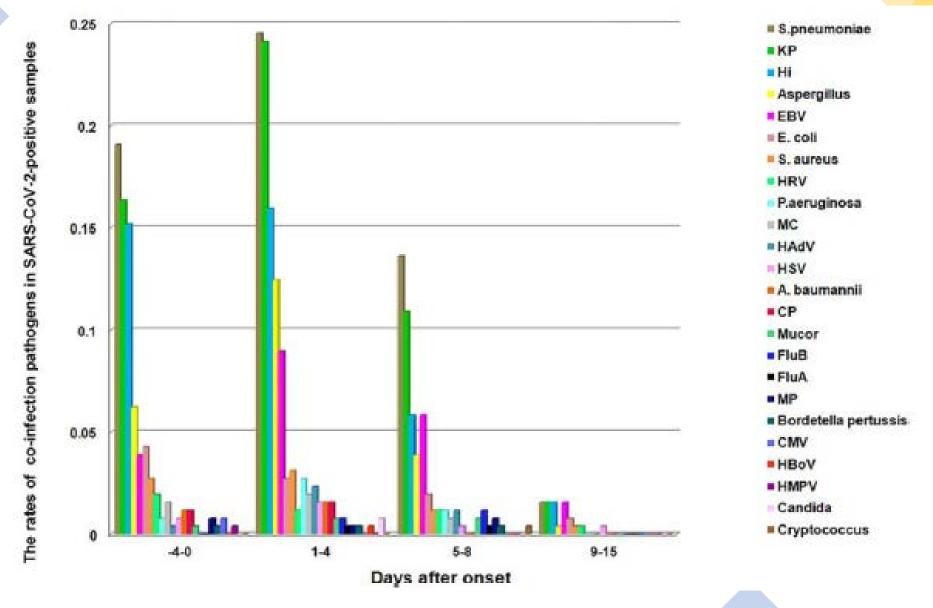
Fig. 1. Distribution of respiratory pathogens with the SARS-CoV-2 co-infection.

### Distribution pathogens in different ages



X. Zhu, et al. Virus Research 285 (2020) 198005

### Distribution of pathogens in different time of onset.



X. Zhu, et al. Virus Research 285 (2020) 198005

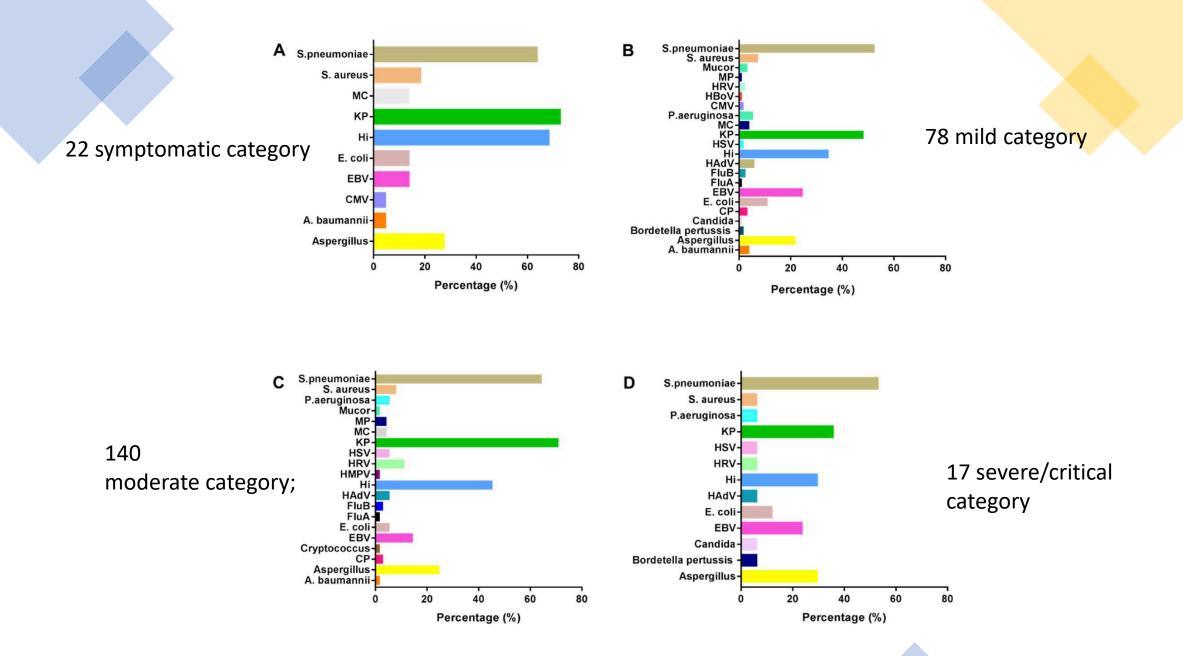


Table 1. Multidrug-resistant organism outbreaks in COVID-19 patients

| Author                                   | Geographic<br>location | Outbreak time<br>period | Organism/s   | Changes to infection control standard of care   |
|--|------------------------|-------------------------|--|---|
| Patel et al. [40]                        | Maryland, USA          | May–June 2020           | MDR Escherichia coli<br>Pseudomonas aeruginosa<br>Acinetobacter baumannii                  | Possible contamination: two layers of gown and gloves Remove outer layers before moving to another patient. Inner layer stays Team nursing model Tight spaces and close proximity in double occupancy |
| Perez <i>et al.</i> [35*]                | New Jersey, USA        | February–July 2020      | Carbapenem-resistant<br>Acinetobacter baumannii  | Extended use of ventilator circuits and suctioning catheters only replacing when visibly soiled or malfunctioning   |
| Tiri <i>et al.</i> [41]                  | Terni, Italy           | March–June 2020         | Carbapenem-resistant Klebsiella pneumoniae   | Four to five healthcare workers turning the patient to prone position  None other reported  |
| Nori <i>et al.</i> [42]                  | Bronx, NY, USA         | March–April 2020        | New Delhi Metallo-betalactamase (NDM) producing carbaenemresistant <i>Enterobacterales</i> | Reuse of PPE Lapses of standard of care for device maintenance Patient cohorting in surge ICU   |
| Porretta <i>et al.</i> [43]              | Tuscany, Italy         | March–May 2020          | NDM producing carbapenem-<br>resistant Enterobacterales                                    | NR  |
| Kampmeier et al. [44]                    | Münster, Germany       | March-April, 2020       | Vancomycin-resistant enterococci   | Hand hygiene<br>Environmental hygiene   |
| Prestel <i>et al.</i> [36 <sup>•</sup> ] | Florida, USA           | July-August 2020-       | Candida auris  | Contamination due to multiple layers of gown and gloves. One inner gown and one pair of gloves are worn the entire shift  |
| Chaudhary et al. [39]                    | New Delhi, India       | April–July 2020         | Candida auris (67%)<br>Other Candida spp.  | NR  |

Incidence, mortality and antibiotic use in COVID-19 patients with BSI, CLABSI, CAUTI and VAP

Before and after comparisons that do not control for the multiple changes in practices

Table 2. Incidence, mortality and antibiotic use in COVID-19 patients with BSI, CLABSI, CAUTI and VAP

| Type of   |   |  |  |   |           | Antibiotic |
|-----------|---|--|--|---|-----------|------------|
| infection | Author  | Study Design                                       | Incidence  | Predominant organisms   | Mortality | Use        |
| BSI       | Buetti et al. [49]                            | Matched case-<br>cohort                            | 15%  | CoNS<br>Enterococci   | NR        | 79%        |
|           | Bhatt <i>et al.</i> [50]                      | Multicentre<br>case–control<br>(BSI vs. no<br>BSI) | 34%  | Staphylococcus epidermidis, Methicillin susceptible Staphylococcus aureus, Enterococcus fecalis | 53%       | 80%        |
|           | Bonazzetti<br>et al.[48]                      | Retrospective<br>observational                     | 67%  | Enterococcus species,<br>CoNS,<br>S. aureus   | NR        | NR         |
| CLABSI    | Knepper <i>et al.</i><br>[51]                 | Retrospective cohort                               | 65% higher in COVID-<br>19 areas                       | NR  | NR        | NR         |
|           | Fakih <i>et al.</i> [52]                      | Retrospective observational                        | Five times greater in COVID-19 patients                | CoNS, Candida spp.  | 53.8%     | NR         |
| CAUTI     | Knepper <i>et al.</i><br>[51]                 | Retrospective cohort                               | 83% higher in COVID-<br>19 areas                       | NR  | NR        | NR         |
|           | Fakih <i>et al.</i> [52]                      | Retrospective<br>observational                     | No significant change<br>from prepandemic<br>timeframe | NR  | NR        | NR         |
| VAP       | Maes <sup>a</sup> et al.<br>[53]              | Retrospective<br>observational                     | 48%  | Enterobacteriaceae,<br>Hemophilus influenza,<br>P. aeruginosa                                   | 38%       | 94%        |
|           | Rouze et al. [54]                             | Multicentre<br>retrospective<br>cohort             | 51%  | P. aeruginosa,<br>Enterobacter spp.,<br>Klebsiella spp.   | 29%       | 95%        |
|           | COVID-ICU<br>Group [55]                       | Multicentre<br>prospective<br>cohort               | 58%  | NR  | 31%       | NR         |
|           | Luyt et al. [56]                              | Retrospective<br>cohort                            | 86%  | Enterobacteriaceae (40%<br>Amp-C cephalosporinase<br>producers)<br>P. aeruginosa                | 34%       | 100%       |
|           | Zhou <i>et al.</i> [57]                       | Retrospective<br>multicentre<br>cohort             | 31%  | NR  | NŘ        | 95%        |
| 33:000-   | Giacobbe <i>et al.</i><br>[58]<br><b>–000</b> | Multicentre<br>retrospective<br>observational      | 29%  | P. aeruginosa   | 46%       | 95%        |

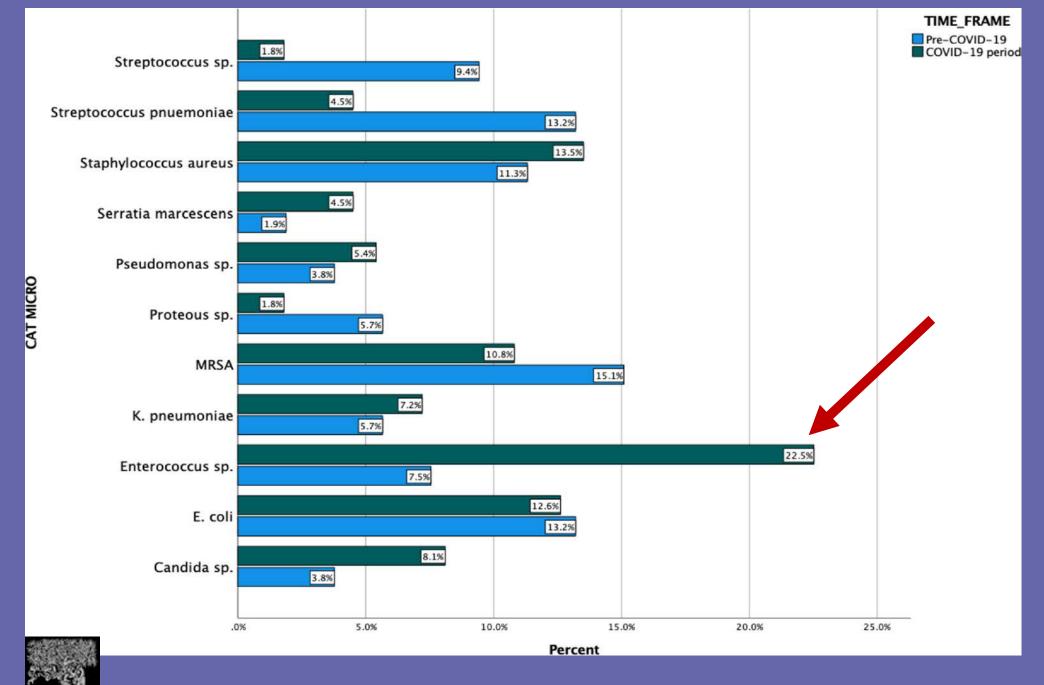
Sopirala MM. Curr Opin Infect Dis 2021, 33:

56% isolates from
BSI are
Enterococcus
species

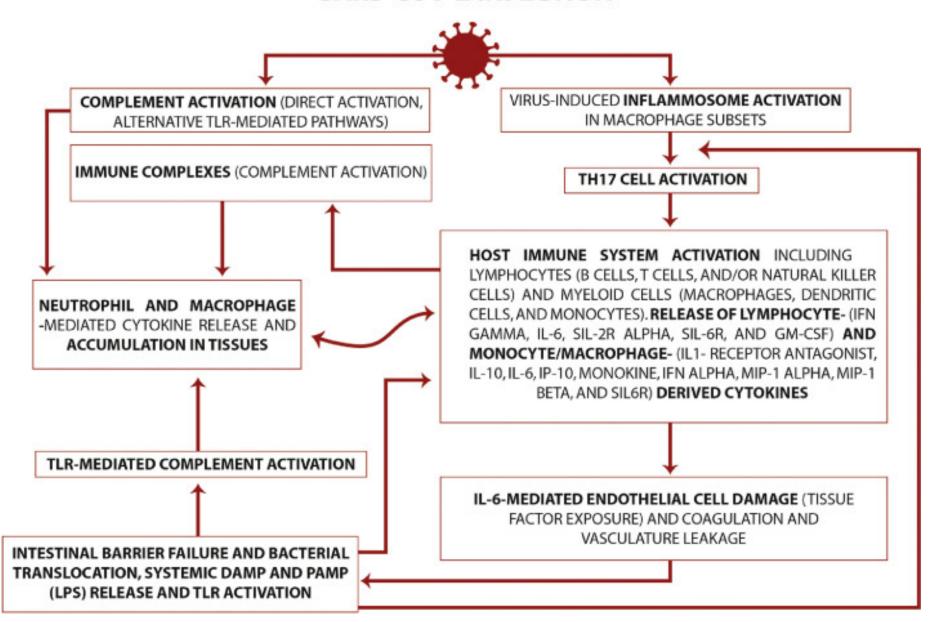
Characteristics of the Isolates and Types of Bloodstream Infection

|    | Characteristics of the isolates and Types of Bloodstream infection |                       |  |                                  |                                  |                                 |  |  |  |  |  |
|----|--|-----------------------|--|----------------------------------|----------------------------------|---------------------------------|--|--|--|--|--|
| IV | licroorganisms   | Isolates<br>(n = 117) | Bloodstream<br>Infection<br>Episodes<br>(n = 93) | Monomicrobial,<br>n = 71 (76.3%) | Polymicrobial,<br>n = 22 (23.7%) | Recurrent,<br>n = 19<br>(20.4%) |  |  |  |  |  |
| G  | Gram-positive, n (%)   | 85 (72.6)             | 74 (79.6)  | 52 (73.2)                        | 22 (100)                         | 14 (73.7)                       |  |  |  |  |  |
|    | Enterococcus species <sup>b</sup>                                  | 53 (45.3)             | 53 (55.8)  | 32 (45.1)                        | 22 (100)                         | 11 (57.9)                       |  |  |  |  |  |
|    | Vancomycin-resistant Enterococcus faecium                          | 5 (4.3)               | 5 (5.4)  | 3 (4.2)                          | 2 (9.1)                          | 1 (5.3)                         |  |  |  |  |  |
|    | Staphylococcus aureus  | 7 (6)                 | 7 (7.5)  | 3 (4.2)                          | 4 (18.2)                         | 2 (10.5)                        |  |  |  |  |  |
|    | Methicillin-resistant S. aureus                                    | 5 (4.3)               | 5 (5.4)  | 2 (2.8)                          | 3 (13.6)                         | 1 (5.3)                         |  |  |  |  |  |
|    | Coagulase-negative Staphylococci                                   | 24 (20.5)             | 24 (25.8)  | 16 (22.5)                        | 8 (36.4)                         | 5 (26.3)                        |  |  |  |  |  |
|    | Gemella sanguinis  | 1 (0.8)               | 1 (0.8)  | 1 (0.8)                          | 0 (0.0)                          | 0 (0.0)                         |  |  |  |  |  |
| G  | Gram-negative, n (%)   | 29 (24.8)             | 27 (29.0)  | 16 (22.5)                        | 12 (54.5)                        | 10 (52.6)                       |  |  |  |  |  |
|    | Enterobacteralesa  | 19 (16.2)             | 19 (20.4)  | 10 (14.1)                        | 9 (40.9)                         | 5 (26.3)                        |  |  |  |  |  |
|    | Extended spectrum beta lactamase-<br>positive Enterobacterales     | 6 (5.1)               | 6 (6.5)  | 3 (4.2)                          | 3 (13.6)                         | 2 (10.5)                        |  |  |  |  |  |
|    | Carbapenemase-producing<br>Enterobacterales                        | 10 (8.5)              | 10 (10.8)  | 6 (8.5)                          | 4 (18.2)                         | 2 (10.5)                        |  |  |  |  |  |
|    | Enterobacter species   | 6 (5.1)               | 6 (6.5)  | 4 (5.6)                          | 2 (9.1)                          | 3 (15.8)                        |  |  |  |  |  |
|    | Cephalosporin-resistant Enterobacter                               | 4 (3.4)               | 4 (4.3)  | 3 (4.2)                          | 1 (4.5)                          | 1 (3.6)                         |  |  |  |  |  |
|    | Pseudomonas aeruginosa   | 2 (1.7)               | 2 (2.2)  | 1 (1.4)                          | 1 (4.5)                          | 1 (5.3)                         |  |  |  |  |  |
|    | MDR P. aeruginosa  | 1 (0.8)               | 1 (1.1)  | 1 (1.4)                          | 0 (0.0)                          | 1 (5.3)                         |  |  |  |  |  |
|    | Stenotrophomonas maltophilia                                       | 1 (0.8)               | 1 (1.1)  | 1 (1.4)                          | 0 (0.0)                          | 1 (5.3)                         |  |  |  |  |  |
|    | MDR S. maltophilia   | 1 (0.8)               | 1 (1.1)  | 1 (1.4)                          | 0 (0.0)                          | 1 (5.3)                         |  |  |  |  |  |
|    | Acinetobacter baumannii  | 1 (0.8)               | 1 (1.1)  | 0 (0.0)                          | 1 (4.5)                          | 0 (0.0)                         |  |  |  |  |  |
| Y  | easts, n (%)   | 3 (2.6)               | 3 (3.2)  | 3 (4.2)                          | 0 (0.0)                          | 0 (0.0)                         |  |  |  |  |  |
|    | Candida albicans   | 3 (2.6)               | 3 (3.2)  | 4 (4.2)                          | 0 (0.0)                          | 0 (0.0)                         |  |  |  |  |  |

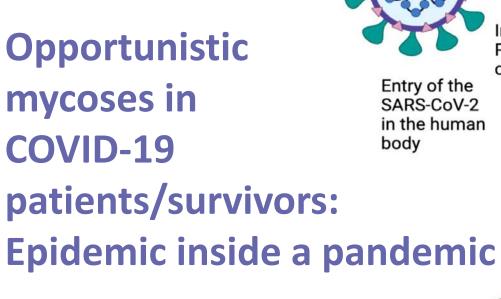
Crit Care Med. 2021 Jan; 49(1): e31–e40.

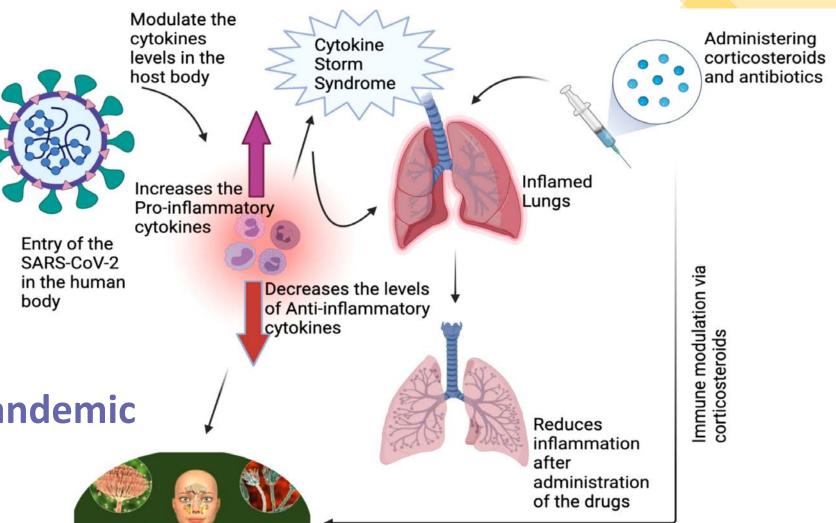


### SARS-COV-2 INFECTION

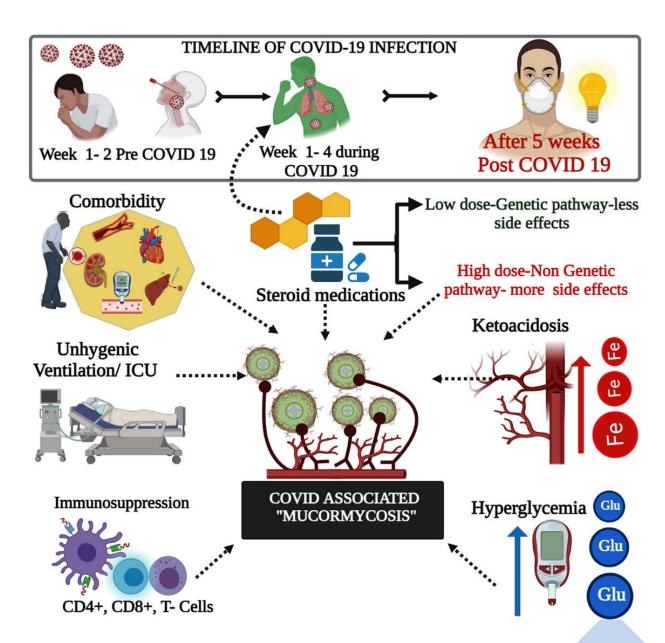


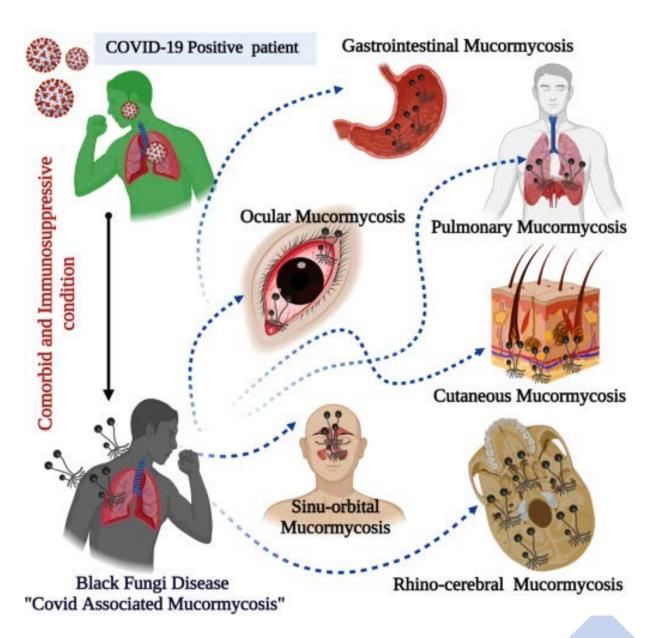
Intestinal permeability changes with bacterial translocation





Increased cytokines levels paves way for opportunistic fungus in and outside body to become pathogenic and cause infections.





|   | Country     | Case<br>number<br>in initial<br>report | Age,<br>years | Sex  | Comorbidities   | Length of<br>illness,<br>days | Invasive<br>mechanical<br>ventilation<br>(days) | Extra-<br>corporeal<br>membrane<br>oxygenation | Immuno-<br>therapy | Antifungal  | Mould<br>identification  | Autopsy<br>type | Extent of fungal<br>involvement   |
|---|-------------|--|---------------|------|---|-------------------------------|---|--|--------------------|---|--------------------------|-----------------|---|
| Borœuk et al<br>(2020) <sup>23</sup>  | Italy       | 29                                     | 79            | Male | Dementia, congestive<br>heart failure, intestinal<br>ischaemia              | 9                             | Yes (6)   | No   | None               | None  | Aspergillus              | Standard        | Airway only   |
| Borczuk et al<br>(2020) <sup>23</sup>   | Italy       | 39                                     | 61            | Male | COPD, congestive heart failure, pharyngeal cancer                           | 6                             | No  | No   | None               | None  | Aspergillus              | Standard        | Bronchopneumonia  |
| Carsana et al<br>(2020), <sup>29</sup> Antinori<br>et al (2020) <sup>72</sup> | Italy       | ND                                     | 73            | Male | Diabetes, hypertension,<br>hyperthyroidism, atrial<br>fibrillation, obesity | ND                            | Yes (9)   | No   | None               | Liposomal<br>amphotericin B,<br>then<br>isavuconazole | Aspergillus<br>fumigatus | Standard        | Bronchial wall ulceration<br>and focal necrotising<br>pneumonia                   |
| De Michele et al<br>(2020) <sup>31</sup>                                      | USA         | ND                                     | ND            | ND   | ND  | ND                            | No  | No   | ND                 | ND  | Aspergillus              | Standard        | Bronchopneumonia,<br>mycetoma   |
| Deinhardt-Emmer<br>et al (2020) <sup>32</sup>                                 | Germany     | 3                                      | 78            | Male | Hypertension, diabetes, chronic renal failure                               | 30                            | Yes (7)   | No   | None               | None  | Fungus not specified     | Standard        | Fungal pneumonia  |
| Hanley et al (2020)42   | UK          | 5                                      | 22            | Male | Obesity   | 27                            | Yes (22)  | No   | None               | Caspofungin   | Mucormycete              | Standard        | Lungs, hilar lymph node<br>brain, kidney  |
| Rapkiewicz et al<br>(2020) <sup>⊊</sup>                                       | USA         | 2                                      | 60            | Male | Coronary artery disease   | 7                             | No  | No   | None               | None  | Fungus not specified     | Standard        | Erosive bronchitis with<br>hyphae;<br>bronchopneumonia<br>(fungal stain negative) |
| Remmelink et al<br>(2020) <sup>58</sup>                                       | Belgium     | 6                                      | 73            | Male | Hypertension, chronic renal failure   | 11                            | Yes (ND)  | Yes  | Steroids           | ND  | Aspergillus              | Standard        | Lung and trachea  |
| Remmelink et al<br>(2020) <sup>58</sup>                                       | Belgium     | 7                                      | 56            | Male | None  | 7                             | No  | No   | None               | ND  | Aspergillus              | Standard        | Bilateral invasive<br>aspergillosis (lungs)                                       |
| Schaefer et al<br>(2020) <sup>63</sup>  | USA         | 4                                      | 50            | Male | Relapsed B-ALL, febrile<br>neutropenia, invasive<br>aspergillosis           | 9                             | Yes (7)   | No   | None               | ND  | Aspergillus*             | Standard        | Lung abscess  |
| Schurink et al<br>(2020) <sup>65</sup>  | Netherlands | ND                                     | ND            | ND   | ND  | ND                            | ND  | ND   | ND                 | ND  | Aspergillus              | Standard        | Massive aspergillosis<br>involving lung<br>parenchyma                             |

Lancet Microbe. 2021 Aug;2(8):e405-e414.

### Conclusions...

- Innate immune response to SARS-CoV-2 infection in a host triggers an inflammatory cascade
- The resultant immune exhaustion and organ damage may predispose the host to secondary infections
- Pandemic-imposed failure in ASP and IPC oversight likely added insult to this injury and made the host even more susceptible to secondary infections
- Incidence of secondary infections and attributable mortality has been poorly studied
- Antibiotic use has been staggeringly high in COVID-19 patients
- Effect of antibiotic use on antimicrobial resistance in these patients has also not been well studied
- In addition to predispositions inherent to COVID-19, several other preventable factors are at play

### ...Conclusions

- MDRO outbreaks are underreported in the COVID-19 literature
- IPC and ASP assessments and corrections must be made widely to avoid further affronts.
- Findings that could distinguish viral pneumonia or ARDS from secondary bacterial or fungal pneumonia:
  - lobar consolidation or evidence of necrotizing pneumonia on chest imaging
  - rise in leukocyte counts, and
  - paying close attention to fever trends watching for recrudescence of fever after initial defervescence may help clinicians in making this distinction.
- Strict de-escalation protocols in COVID-19 patients

# QUESTIONS